

“When you’re a carer, taking time out is important for both of you.”

Rita



Do you need help navigating aged care options?

Ask us about our Advisory Services, call **1300 22 44 77** or visit achgroup.org.au

Stay
with me

At home

ACH
GROUP

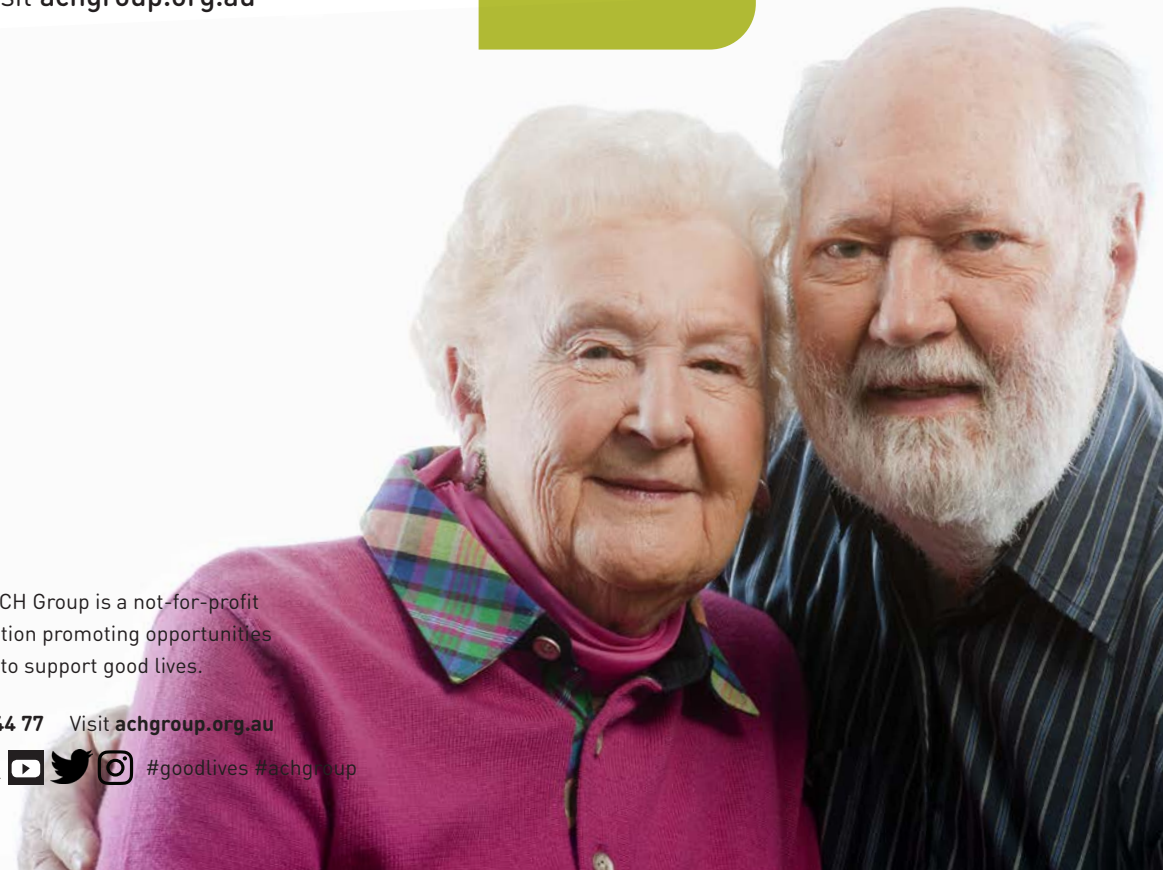
Good Lives for
Older People

Founded in 1952, ACH Group is a not-for-profit community organisation promoting opportunities and services to support good lives.

Let's talk **1300 22 44 77** Visit achgroup.org.au

Join the conversation      #goodlives #achgroup

CSWM8/19



Are you caring for someone at home? Do you feel like you need some time out, but the thought of organising it is overwhelming?

ACH Group can help.

A caring, qualified Support Worker can come to your home and care for your family member in the comfort of their familiar surroundings. Staff are experienced in supporting people with a range of health conditions, including dementia.

Whether you just need a break for a night or some more extended time off - we can design a plan with you and the person you are caring for to meet both your needs.

Best of all, you can use your Home Care Package funding for this service.

We welcome an introductory visit if you would like to meet your Support Worker before they stay with you (additional charges apply).

How do I find out more?

Contact ACH Group on 1300 22 44 77 or visit achgroup.org.au/help-for-carers



What's included?

- Safe and secure care delivered by a qualified Support Worker in your home
- Full assistance with personal care (showering, dressing, toileting, help with dining)
- Assistance with medication administration, if required
- Companionship and participation in social activities

How long can I book a support worker for

You can book from as few as 12 hours overnight, or as many days or nights as required.

Are there any eligibility requirements?

There are no eligibility requirements and no referral is needed. All you need to provide is a separate bedroom for your Support Worker.

Pricing

From

\$530*

*Based on 7pm - 7am weekday booking. Longer or weekend bookings are available on request.

*Service includes up to 2 assists during the night (11pm - 7am). Additional assistance during the night will incur additional charge.

Government subsidies may apply.