

# Social & Respite Price List



South Australia

Home Care Package Customers & Customer Funded (Private Payment)

May 2019

ACH Groups offers a range of experiences designed to connect you with your community.

Whether you have a passion for art, love to sing or enjoy fishing, we have a group experience to match your interest.

Program	Description	Duration	Per Hour	Per Session
Sing for Joy Choir	Learn choir singing techniques in a fun and social environment.	2 hrs	\$20	\$40
Art Classes	Enjoy the benefits creativity can bring and learn how to use a variety of mediums.	2-2.5 hrs	\$20	\$40-50
Day Tours	Explore some of SA's local attractions including special event tours such as Lobethal Lights and Upcycling.	7 hrs	\$15	\$105
Exercise Classes	Enjoy the benefits of exercising in a social environment. Classes include Easy Moves, Tai Chi, Chi Ball, Standard Exercise classes (non-Health Services).	1 hr	\$25	\$25
Just Blokes	A group designed by blokes, for blokes. New group experiences are always being added.	5-7 hrs	\$20	\$100-140
Men's Project Groups	For men who want to maintain their handy skills or sharpen them up.	4-5 hrs	\$25	\$100-125
Club Days	Enjoy lunch and a range of activities. Group activities include Learn Create Share, Ladies Pamper Groups, Coromandel Club, Aberfoyle Club, McLaren Vale Club, Social Links).	5 hrs	\$25	\$125
Hook Line and Sinker	Join a group of social anglers fishing from different locations. Occasional charters are organised.	4-5 hrs	\$25	\$100-125
Getting Connected	Learn how to use a computer or mobile device in a small group environment.	1-2 hrs	\$15	\$15-30
Social Links	Small outing groups for people to meet up and share a coffee, lunch, or socialise. Groups include Talking Heads, Café Cruisers, Out and About.	2-4 hrs	\$30	\$60-120
Book Groups	Discuss different genres of books, listen to book reviews and even meet the occasional guest author.	2 hrs	\$20	\$40
World of Dance	Have fun, meet some new friends and enjoy some gentle exercise with our World of Dance.	2 hrs	\$20	\$40
Movie Buffs	Join other movie buffs for a delicious morning tea and a screening of the latest blockbusters.	2-3 hrs	\$20	\$40-60

Program	Description	Duration	Per Hour	Per Session
A Better Way to Enjoy Theatre Outings	Come and experience the theatre with others. Musical, comedy and drama.	2-5 hrs	\$35	\$70-175
A Moment in Time Concert Outings	Come and appreciate music from a range of genres including classical and more.	2-5 hrs	\$35	\$70-175
Riverview Respite	A respite program offering individualised activities in a small group environment. Suitable for people with memory loss.	1-8 hrs	\$15	\$15-120
Night Out	Enjoy an evening with new friends. Join us at a local pub or café.	2 hrs	\$20	\$40

## Cambodian Program

Program	Description	Duration	Per Hour	Per Session
Monday	Parafield Gardens Temple	4 hrs	\$15	\$60
Tuesday	Day Program at Golden Grove	4 hrs	\$10	\$40
Wednesday	Swimming Group	4 hrs	\$10	\$40
Wednesday	Upcycling Group	5 hrs	\$15	\$75
Thursday	Paralowie Temple	4 hrs	\$15	\$60
Friday	McDonald Park Temple	4 hrs	\$15	\$60
Day Tours	Various areas, bi-monthly	8 hrs	\$15	\$120

### Other Fees & Charges

- All prices exclude GST (GST may apply to private and brokered services).
- Please note programs are subject to change.
- Cancellation fees may apply if less than 12 hours notice is given.

**For further information or to book please call 1300 22 44 77 or visit [achgroup.org.au](http://achgroup.org.au).**

ACH Group is a not-for-profit community organisation promoting opportunities and services to support good lives.

Let's talk **1300 22 44 77** Visit [achgroup.org.au](http://achgroup.org.au)

Join the conversation      #goodlives #achgroup