

Glenelg Health Studio – Lift Replacement June 2026

Customer FAQs

From 22 June 2026, the lift at the Glenelg Health Studio will be out of service while a new lift is installed. The current lift is being replaced due to ongoing breakdowns. The work is expected to take approximately 12 to 16 weeks.

During this time, some physiotherapy, podiatry, exercise physiology and group services will be moved to a downstairs location at the Health Studio. This will ensure these services remain accessible for customers who are unable to use the stairs.

How do I access the Health Studio?

During this period, the upstairs Health Studio can only be accessed using the stairs.

What if I cannot use the stairs?

Some services will be relocated to the Glenelg Football Club changerooms, located on the south-west corner of the football oval. We will guide you to these services for your appointments. From 1 June 2026, the Health Studio team will call customers they know are unable to use the stairs.

Do I need to use stairs to access the changerooms?

No. The changerooms are accessible without using stairs.

What happens to group classes?

All gym sessions will continue as normal upstairs. Alternative classes will be offered downstairs for:

- Strong & Steady Groups
- Balance Groups

Will clinic services still be available?

Yes. We will have specific clinic times downstairs for:

- Podiatry
- Exercise Physiology
- Physiotherapy

Can I access massage services?

Yes. You can access massage services at our Rostrevor or Christie Downs Health Studios or via a home visit.

Where should I wait for my appointment?

If your appointment is in the changerooms:

- Follow the signage to the designated waiting area in the Glenelg Football Club restaurant area
- A staff member will collect you at your appointment time

How do I pay for services downstairs?

- EFTPOS facilities will be available downstairs
- Cash payments will not be available for downstairs services

Can I change my class or book appointments during this period?

Yes. You can:

- Change your class, or
- Book a clinic appointment downstairs

Can I attend a service at another health studio?

Yes. We can assist you to access services at our Christie Downs or Rostrevor locations.

Please speak with our friendly staff, who will be happy to assist.

We understand this may cause some inconvenience for you and appreciate your patience while we complete these important upgrades. Our team is committed to ensuring you continue to receive safe and accessible services during this time.