

Fun in the kitchen while helping out



Jenny Collins and daughter Mandy Cotterill volunteer together at Aberfoyle Park Community Centre. Picture: STEPHEN LAFFER

Sarah Rohweder

MANDY Cotterill has always loved cooking and meeting new people – and volunteering at her local community centre offers the best of both worlds.

The Aberfoyle Park woman has been volunteering at the Aberfoyle Park Community Centre for about a decade, cooking lunches for elderly members of the ACH Group's social links program.

Ms Cotterill volunteers each Wednesday, preparing a range of meals.

"I love getting out, meeting people and giving back to

the community," Ms Cotterill, 55, says.

"And I would really recommend other people consider going down to the local community centre and helping out."

Ms Cotterill persuaded her mother, Jenny Collins, to join the community centre eight years ago.

"We needed another cook and I thought mum could do it," Ms Cotterill says. "She is basically like my best friend – we just joke around in the kitchen, I love it."

To find out more about volunteering through the ACH Group, visit: www.ach.org.au

