

In the past
12 months we
have supported
the lives of over
30,000 older
Australians.
Here are some
of their stories.

Introduction

ACH Group is transforming from being a provider of aged care services to a promoter of Good Lives, leading the charge to redefine life in our 70s, 80s and 90s to ensure that there are continuing (and, indeed, new) opportunities for rich, diverse and influential roles which are part of a good life at any age. We have always been about more than meeting our customers’ immediate needs. Our Good Lives approach is embedded in everything we do as we open the door to new possibilities, renewed passions and restored health through a range of creative services.

We are a learning organisation, eager to find new ways for our community of customers, families, staff and volunteers to innovate and grow.

This year we started the Encore Network, a brand new peer environment which offers coaching and mentoring to create new pathways and opportunities for people transitioning from one stage of life to another. Many older people tell us that there is no natural “next step” for how they might live in their 70s, 80s and 90s, and the Encore Network addresses this gap.

On the basis of feedback from our customers about what they value, our Coordinators have become Advisors, bringing their expertise to partner with people and their families to design individualised support to meet goals, overcome challenges and build new opportunities for engagement, passions and living. Some of our Support Workers, as part of our Good Lives teams, have adopted a new, nationally validated tool which they use to flag cognitive or physical issues early, which leads to early intervention.

Our organisational learning approach brings students from a variety of disciplines (including nursing, physiotherapy and other allied health areas) together to offer a holistic approach to services we call Interprofessional learning. This approach will form the basis of the model of care at ViTA, a new service that will open on the grounds of the Repatriation General Hospital in 2014. It will join up health, aged care and education to provide opportunities for older people to stay at home, or to get back home, after illness or injury. It will also be a hub for learning and research, leading new models which place emphasis on customer control, recovery and well-being.

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Highlights

We began construction of ViTA — a purpose built centre that brings together health, aged care, research and education in one location. The \$50 million centre will be completed in June 2014. The centre will offer new learning opportunities for up to 500 students each year.

We started to offer customers who are living at home our new approach to Home Care which allows the customer more choice in and control over the services they receive. By the end of the year, 200 customers will be using this new model of service delivery.

We adopted new technology which will free our home care staff to be with their customers. A rostering and deployment system will support customer choice and control and mobile technology means the home care team is able to be proactive, connected and up to date.

We refurbished six units at Elliott Court to provide us with a prototype for well designed, affordable living for the \$8 million redevelopment of our James Evans Court housing at Magill.

We celebrated 10 years of transition care at our City Views site — a national trail blazing service. Many of the 3,000 customers who have been part of the service were able to return home after an illness or injury rather than requiring residential care.

We supported more than 300 people with dementia to participate in our choirs, arts programs and walking groups. Thirty-five new graduates joined our network of Dementia Champions, staff who receive professional training to act as mentors throughout ACH Group.

We trained and empowered our 68 Advisors to become pivotal leaders at ACH Group as they unearth wider possibilities to reinvent themselves in partnership with their customers to create new solutions and offer the best advice.

We welcomed 900 students from a wide variety of disciplines, offering an interprofessional learning experience, facilitated by 100 of our staff and customers.

We grew our staff leadership of health and well-being, conforming with the self insurance standards resulting in a further two years accreditation with WorkCover SA.

We renovated 64 out of 80 rooms in an \$8 million upgrade at Kapara to better meet the needs of current and future residents.

Home Care

We commenced a project to help us improve the coordination of the 409,702 home visits we do each year.

We trained our 700 Home Care staff to deliver services that are controlled by the customer.

Our Stay at Home program provided advice to 1,633 customers to adapt their homes to meet their needs.

Right Place, Right Person, Right Time

We are continuing to update the processes which support our community services so that our customers always receive the right service at the right time. We are buying a software solution that allows us to better match staff with customers, and which provides staff with real time, mobile communication opportunities.

Always Learning

700 home care staff undertook specialist ACH Group learning modules to introduce and equip them to support customers to adopt Consumer Directed Care (CDC) and to continue the focus on our Good Health Approach.

Consumer Directed Care (CDC)

We have continued to extend and develop our Home Care service to increase the number of customers able to use Consumer Directed Care (CDC). The combination of our Advisors' expertise with their customers' experience is creating powerful partnerships and creative problem solving in designing unique home care solutions. CDC encourages new and lateral thinking.

Staying at Home

Our Stay at Home program supported 1,633 customers with expert and practical advice to adapt their homes to meet their changing needs. Stay at Home customers sourced electrical contractors, specialist Occupational Therapy assessments, bathroom modifications, rails, ramps and half step installations.

4419

We supported 4419 customers to live at home.



“Having ACH Group provide services in my home gives my wife and I more opportunities to enjoy life with friends and family and even meet new people. I’ve been invited by ACH Group on more than one occasion to attend the footy. This is a lovely thing they do for Veterans—it is great for us all to catch up at a game.”

George Hallwood is a proud Veteran and has a long history with the armed forces. His father was a World War II prisoner and George fought at the Malayan Emergency.

One of George’s great passions is footy. He is an avid supporter of the Port Adelaide Football Club and his attendance at AFL’s Defence Round, through ACH Group’s partnership with Port Power, has offered him the chance to meet new people who share his passion.

ACH Group also provides other services to George at his home which gives him and his wife time to enjoy life with family and friends.

Good Health

We supported nearly 600 people to get back home following hospital stays.

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More than 200 construction workers have been part of the building of ViTA to create a new concept in rehabilitation, bringing together health, aged care and research.

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Over 450 staff received training to empower our customers to remain independent as part of our Good Health approach.

600

600 customers who live in our Residential Services signed up to our Healthy Ageing program.

Restoring Independence

We worked actively to ensure that our customers had the opportunity to recover, renew passions, restore health, tackle new challenges and continue their lives, in their own homes and communities. Our Transition Care services made the most of their interprofessional staff teams to create pathways for nearly 600 people to get on with life after serious injury and illness.

ViTA

ViTA will open in 2014, creating a recovery focused service for 120 people at any one time. Flinders University and SA Health have worked with us to create a teaching and learning environment without precedent, bringing together the very best of what we know about better practice, great design, outstanding teaching and new research. ViTA will be a centre of excellence, constantly pushing for new solutions and forever challenging assumptions about the possibilities for life in our 70s, 80s and 90s. 500 students each year will be part of forging new models of service through a unique Interprofessional learning approach designed specifically for ViTA.

Healthy Ageing

Our Residential Services are all now hubs of healthy ageing, with plenty of opportunities for exercise, learning and being part of lively communities. This year the unique ACH Group Healthy Ageing Program has been extended to all of our sites, with opportunities such as a Walking Program at Kapara offering mapped walks within the local community. Kapara customers covered 1,117 kilometres in three months at an average of 84 kilometres per week. Gyms in each site are now fully booked, and every single person expects to be part of pursuing their own goals for good health.

Good Health

Older people tell us they want to keep managing their own lives and, where they need support, that we offer it on a “do with” and not a “do for” basis. Two Occupational Therapists have been appointed specifically to show our Home Care staff what this looks like in practice, providing practical support and demonstrations which make the most of people’s abilities and skills. So far, 450 staff have received training which has included an interactive DVD and face-to-face workshops, with more than 250 staff completing simulation based training. Our staff have taken the Good Health message to local communities, demonstrating strategies for older people to improve their health.

Helen Raduntz spent a number of weeks at ACH Group's City Views while recovering from a broken ankle she sustained during a fall while on a boat trip.

Although Helen says that having her computer with her at City Views to keep in touch with colleagues, friends and family was wonderful, as an academic she was keen to get back to her local community so that she could continue researching and contributing to the education sector.

"The staff at City Views were excellent but it was good to return home so that I could continue doing the things I love. I'm just putting the finishing touches to a book that will soon be published."



Housing

As well as the \$8 million James Evans Court redevelopment, we have started a \$3.5 million refurbishment program to ensure our housing is contemporary and stylish.

We finished the refurbishment of six affordable demonstration units at Campbelltown.

415 people — about a third of our housing customers — received ACH Group community services this year.

Changing Housing Needs

Our research is continuing to highlight a shortage of housing as demand grows from retiring renters, people with mortgage liabilities or with limited superannuation for secure, affordable, long-term quality accommodation. Our research also indicates a strong preference for housing which is well integrated into local communities and which offers access to ACH Group’s range of service options into the future. This research will continue to direct our priorities for housing development and investment.

Contemporary and Affordable

We have already responded to the growing shortage of affordable housing by starting work on the redevelopment of James Evans Court, Magill. The site works, which will cost \$8 million, will continue to provide rental, low cost and integrated housing but to a stylish and contemporary standard. Similarly, in nearby Campbelltown we have refurbished six of our Elliott Court units, creating an affordable and modern style of living.

Housing Plus Options

The number of Housing customers who are using other ACH Group services to support them at home is increasing, with 415 receiving services in the last year. A trial which began at one of our Melbourne sites has demonstrated the value of integrated housing and services. As a result, we are continuing to improve the opportunities for existing Housing customers to access our other services, often on a short term basis, including fitness, home care, nursing and arts groups.

\$8m

An \$8 million redevelopment of James Evans Court at Magill has begun.



**“We just love it here.
We’re close to
family and all the
things we enjoy.
We’ve also been
able to get stuck
into the garden
which we love.”**

Tony and Helen Cook’s move a year ago into one of ACH Group’s housing sites has seen them become part of a network that is centrally located, so they can easily jump on a bus and meet up with friends and family.

Their low maintenance home has also allowed them to transform their back garden into a productive patch, and when guests come for dinner at the Cook’s house, they get a meal made with love, straight from the garden.

Good Lives

In partnership with the National Heart Foundation and Alzheimer’s Australia, we improved access to 30 walking groups across Australia for people with dementia.

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The Encore Network was established to open up opportunities for people in their 60s and 70s to design the next active stage of their lives.

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A Co-Design staff and volunteer team worked with the Australian Centre for Social Innovation to break down barriers to lifelong volunteering.

Walking for Life

ACH Group worked with the National Heart Foundation and Alzheimer’s Australia to design Active Body, Active Brain — a program to create access to walking groups for people with dementia. Born out of the Walk for Life project piloted by ACH Group in 2010, the work has created new opportunities for people around Australia with dementia to exercise in local walking groups, an activity which is known to reduce the impact of dementia, including poor sleep patterns, low mood, poor appetite and agitation.

The Art of a Good Life

We have a vibrant, growing arts community within ACH Group made up of customers, staff, student and volunteers that is growing in diversity, opportunity and strength every year. This year was our biggest SALA Festival involvement, with five venues and 300 artists exhibiting, and showcasing their talents in photography, murals, mosaic, art and knitting. Roles in the arts abound for people with dementia, with established and emerging talents pushing boundaries, using old skills in new ways and collaborating to create stunning installations.

Opportunities to be part of our Sing for Joy choirs have been extended through the support of the Foundation for Older Australians. The choirs crowned their year with a sell-out combined performance at the Adelaide Festival Theatre.

Encore Network


The Encore Network is for people in their 60s and 70s who want to rewrite expectations and possibilities for life in their 70s and 80s, by working together with a coach to challenge stereotypes, create new opportunities and plan for a vigorous life in the years to come. Meeting monthly, this peer group will challenge, motivate and support each other on their individual journeys and test a concept which will become part of the landscape of life in the 70s, 80s and 90s.

Co-Design for Good lives

We appointed our first ever innovation Co-Design team, made up of staff and volunteers, and asked them to get rid of the barriers to lifelong volunteering. The team worked with the Australian Centre for Social Innovation and Volunteering SA and adopted a collaborative design approach. They have devised new solutions for new and continuing volunteer careers for people throughout their lives.

300

A record number of our community participated in ACH Group arts programs including 300 South Australian Living Artist (SALA) Festival exhibitors across five venues.



“As a baby boomer I hope to go into my old age more informed, have more friends and, for my girls, show them that older age is something to look forward to.”

Aileen is an inaugural member of the Encore Network, an innovative initiative from ACH Group for people who want to rewrite expectations and possibilities for life in their 70s and 80s. Group members form a peer network and work together with a coach to challenge stereotypes and create new opportunities.

Aileen’s husband Jim and two adult daughters are her top priorities. She has found the lessons learnt on the golf course — keep your eye on the ball, don’t cheat on your score card and keep calm — have been good role modelling for her daughters.

Working and Learning

We provided more than 900 opportunities for students to undertake work based quality learning experiences through placement at ACH Group sites.

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Using technology, we increased the connectivity of the workforce and enabled 450 home care support workers to work autonomously and remotely.

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We promoted and embraced an inclusive workforce that reflects our community's diversity.

Engaging Students

As a learning organisation, 900 students offered opportunities for our staff to impart their passion and knowledge as teachers and mentors to develop the next generation of aged care staff. Our evidence based Interprofessional Learning Framework promoted values of leadership, teamwork, collaboration and partnership between our customers and the staff, volunteers and students who make up the ACH Group community.

Volunteers

Our 509 volunteers continued to support the good lives of our customers. They used their talents as artists, companions, drivers, gardeners, tutors, administrators, maintenance assistants, entertainers and exercise partners in areas like the arts, sport and holidays. Our Peer Learning Project, funded by the Australian Government, will enable us to design a new learning program where older people will act as mentors to inspire their peers.

Embracing Technology

We have upgraded the technology our staff use so they can communicate more easily. In addition, we are supporting hundreds of customers to participate in programs that enable them to use technology. An example of this is an iPad project where volunteers were trained to work with customers to use iPads to remain connected to family and friends and to assist with other tasks including online banking.

Supporting Diversity

Our ACH Group community is diverse with staff and customers speaking as many as 45 languages and sharing the rich multicultural heritage that is modern Australia. We honour that diversity through a range of workplace supports, specific cultural programs and now, thanks to funding from the Australian Government, a project to support customers from Culturally and Linguistically Diverse (CaLD) and Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) backgrounds to feel welcome and supported by a supportive staff team. Our services to the Cambodian community continue to grow with over 90 Cambodian customers and their carers participating in community programs and accessing respite and home care.

900

900 students learnt about our Good Lives approach while on placement.



“I have a deeper understanding and appreciation for what carers, nurses, and other allied health professionals do and my placement at Kapara has helped to prepare me so that I can work with them as part of a team.”

Trevor Ritchie dreamed of working with children when he started studying Occupational Therapy, but after a placement at ACH Group’s Kapara he has found a new passion — working with older people.

At Kapara, Trevor’s perceptions about working with older people with dementia also changed, as he began to understand how to communicate with them as well as support them in reigniting old passions and developing new ones.

Quality

Our services received full accreditation in all external visits and reviews.

We continued our success in the national Better Practice Awards, achieving the only two awards presented in SA for our Milpara and Highercombe sites.

The value of our Arts Programs was further recognised with a Creative Partnerships award.

83 customers, their family members, staff and volunteers participated in Customer Impact (CIMPACT) Statement reviews.

83

Accreditation

All of our residential sites maintained accreditation, with Milpara and Highercombe re-accredited this year.

Our community services maintained their accreditation status with six sites being audited using the ISO Quality Management System framework.

Our health services were recently reviewed and attained full compliance.

Customer Impact (CIMPACT) Statements

We continued our strong commitment to measuring how our services impact on the customers’ quality of life using the CIMPACT review system. Over the past eight years we have undertaken 50 reviews throughout ACH Group, involving more than 350 customer interviews. This year we updated the purpose-designed measurement tool to ensure it carries a strong focus on customer control and on the promotion and support of good health. Our customers have now joined our CIMPACT teams.

Healthy Ageing


Older people tell us that a good life is as healthy as it can be. Throughout the year our successful healthy ageing approach was extended to all of our seven Residential Service sites, providing brand new opportunities for our customers to set and achieve fitness, participation, learning and arts goals. Many Kapara customers for example, took up cycling and walking, clocking up kilometres and building fitness and well-being.

Winners

ACH Group won the Health Arts section of the SA Creative Partnerships Awards 2013 for our Murray Bridge based project, In the Flow. In the Flow continues as a partnership between ACH Group, the Murray Bridge Regional Arts Society and the Rural City of Murray Bridge.

ACH Group’s Milpara and Highercombe were the only two residential services in South Australia to receive Better Practice Awards from the Aged Care Standards and Accreditation Agency.

Over 90 of our customers and 60 of our staff are currently participating in two national Health Workforce Australia projects, as part of the Aged Care Workforce Reform. One project is testing ways local services can work better together while the other is building workforce capacity through innovative and collaborative learning approaches. This includes the trial of a phone app which our support workers use to alert our Advisors that a customer’s health or well-being may have deteriorated.

A photograph of an elderly woman, Gloria Daly, standing in a wooded area. She is wearing a light pink patterned jacket over a matching top and grey trousers. She is holding a small, heart-shaped object in her hands. The background shows large trees and a path covered in mulch.

“Through the Milpara Tree we get to know what people are thinking. Instead of their thoughts and dreams just sitting in their minds, they are shared with everyone — so it offers us the opportunity to acknowledge them and, if possible, to do something about making their wishes a reality.”

Gloria Daly lives at ACH Group's Milpara and was a member of a resident group that had the vision of creating the Milpara Tree and helped bring it to life.

The leaves on the tree are used to display something that people are thankful for and the petals are used to express their wishes.

Each month, Gloria and her colleagues on the Milpara Tree Council select the wishes and dreams to add to the collage. The result is a mixture of thoughts, feelings and desires.

111,000 hours of service were provided
by our 509 strong volunteer workforce.

111,000

“I was confident we would eventually reach our goal of circumnavigating Australia — the whole 25,760 kilometres of it. We helped each other to record walking distances and we really looked forward to the exercise as well as working out where we were heading next.”

Helen Vincent has been volunteering at ACH Group for three years and has been instrumental in driving projects such as the ‘Walk Around Australia’ designed to keep participants fit, healthy and engaged.

Most recently she joined the Co-design for Good Lives project, where she was part of a small group that devised innovative solutions for new and continuing volunteer careers for people throughout their lives.



Services

| Program | Number of places | Number of people served |
|---------------------------------------|------------------|-------------------------|
| Residential Services | | |
| Kapara | 137 | 202 |
| Perry Park | 115 | 175 |
| Milpara | 92 | 136 |
| West Park | 60 | 81 |
| Colton Court | 39 | 54 |
| Yankalilla Centre | 64 | 126 |
| Highercombe | 116 | 165 |
| Total | 623 | 939 |
| Transition Care Services | | |
| City Views | 40 | 300 |
| Highercombe | 10 | 65 |
| Home Based Transitional Care Packages | | 217 |
| Short Term Packages | | 141 |
| Total | 50 | 723 |
| Health Services | | |
| West | | 870 |
| South | | 1363 |
| East | | 1027 |
| Community Lifestyle Packages | | 63 |
| Minimising Functional Decline Program | | 34 |
| Health Private Services | | 147 |
| Transition Care Packages | | 415 |
| Private Services | | 807 |
| DVA Nursing | | 89 |
| Total | | 4815 |
| Home Care Packages | | |
| Home Care North | | 886 |
| Home Care South | | 1177 |
| Home Care East | | 899 |
| Home Care West | | 1406 |
| Home Care Victoria | | 51 |
| Total | | 4419 |

| Program | Number of places | Number of people served |
|--|------------------|-------------------------|
| Community services | | |
| Respite North | | 233 |
| Respite Outer South | | 212 |
| Respite East | | 312 |
| Respite Inner South/West | | 130 |
| Veterans' Home Care Service North | | 112 |
| Veterans' Home Care Service Outer South | | 138 |
| Veterans' Home Care Service East | | 89 |
| Veterans' Home Care Service Inner South/West | | 231 |
| Onkaparinga Home Assist | | 1237 |
| Stay at Home | | 1633 |
| Total | | 4327 |
| Veterans' Home Care Assessment and Coordination Agency | | |
| Veterans' Home Care Assessment & Coordination Agency | | 14413 |
| Total | | 14413 |
| Housing | | |
| Resident Funded Units | 199 | 262 |
| Independent Living Units | 405 | 453 |
| Elkanah Retirement Village | 110 | 145 |
| Bedford Heights Estate (VIC) | 147 | 198 |
| St Thomas Retirement Village (VIC) | 50 | 58 |
| Total | 911 | 1116 |
| Total | | |
| Total | | 30752 |

Community Benefit

Volunteer Contribution

\$2.5m

in services and support provided by our volunteers.

Communities Engage

More than

600

people attended our Good Lives events.

Good Lives get a Boost

\$1.6m

in additional funding received from State & Commonwealth Government to support new opportunities to learn and connect.

Opportunities Created

1000

older people participated in arts programs, choirs, walking groups and exercise programs.

Healthy Ageing

\$300k

was invested in our approach to Healthy Ageing.

Research

More than

\$2m

was generated through participation in research activities and attraction of research grants.

Students Learn

900

students participated within various programs across ACH Group.

Good Lives for Everyone

\$1m

in care was provided to customers experiencing financial hardship.

Financial Snapshot

Capital Works

\$13m

New Borrowings

\$4m

Net Profit

\$5m

Residential Services

Income

\$54m

Net Assets

\$71m

Customers

939

1,218 Housing / Retirement Services Units

Income

\$11m

Net Assets

\$72m

Customers

1,116

Health & Community Services

Income

\$34m

Customers

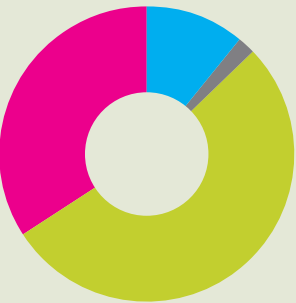
22,551

Veterans

14,413

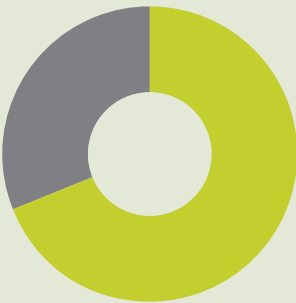
Services provided to the benefit of the whole ACH Group Community \$105m

\$101m
The money



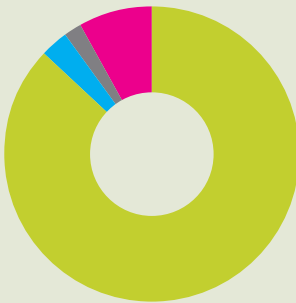
- Residential Services
- Health & Community
- Housing
- Other

\$96m
Where the money goes



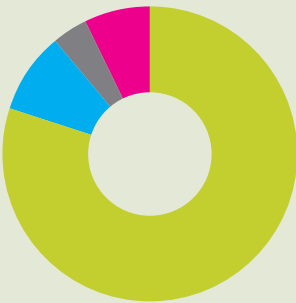
- Salary & Wages
- Operating Expenses

\$400m
What we own



- Property, Plant & Equipment
- Other
- Cash & Cash Equivalents
- Trade & Other Receivables

\$238m
What we owe



- Accommodation Bonds, ILU & RFU
- Trade & Other Payables
- Borrowings
- Other

Board Members



1. Brent Blanks (Chair)
Brent is the Principal of Heygrove Consulting, providing strategic advice to the construction and property development industry. He is a Director of FMG Engineering and a past president of Property Council of Australia (SA). Previously he was Executive Chairman of Woodhead, an international multi-disciplinary design company.



2. Marjorie Schulze OAM (Deputy Chair)
Marjorie has considerable experience in the governance of not-for-profit organisations in health and human service. Marjorie is currently the Deputy Chair of the Board, Chair of ACH Group Foundation for Older Australians and a member of the Quality and Client Services Committee. Marjorie was awarded an OAM in 2002 in recognition of her services to Local Government and the community.



3. Geoff Holdich (Treasurer and Chair of Audit and Finance Committee)
Geoff is Chair of BRM Holdich. He is a Fellow of the Institute of Chartered Accountants, a registered tax agent and auditor and has a Diploma in Financial Planning. Geoff acts as Chair of two professional services firms and provides practice management and governance advice. He mentors around 15 career minded professionals and works as a Career Transition Counsellor.



4. Mark Goddard (Chair of Quality and Client Services Committee)
Mark was a founding Director of a leading Adelaide merchant bank and corporate advisory practice. Mark currently manages his own consulting practice but also acts on a part time basis as Business Manager for the Leaders Institute of South Australia Inc. The Leaders Institute is a not-for-profit organisation with the



mission to develop wiser leadership for South Australia. He is also a member of the Australian Institute of Company Directors.

5. Mary Patetsos (Chair of Governance Committee)

Mary is a non-Executive Director on a number of Boards including Health Performance Council, Aged Care Financing Authority, South Australian Housing Trust, National Housing Supply Council, and is Chair of the SA Local Government Grants Commission as well as FECCA Healthy Ageing Reference Group. She is also a Director of Power Community Limited and Deputy Chair, Common Ground Adelaide.



6. Graeme Percival
Graeme is a Company Director and Retired Trust Officer. He is a Member of the Executor and Trustee Institute and Australian Institute of Company Directors.



7. Céline McNerney
Céline is General Counsel for the University of Adelaide, a Director of several commercial and not-for-profit organisations, including the multi-award winning National Wine Centre. Céline is actively involved in national policy issues for education, technology and the performing arts. She has received several significant awards over two decades in both business and performing arts.



8. Julie Mitchell
Julie is a corporate social responsibility and communication specialist. She has designed and executed complex community investment programs in Australia and Asia, and managed the external and internal corporate communications needs of a major Australian energy company. Julie is also the Deputy Chair of Patch Theatre Company, a Director of Common Ground and a Member of the Foundation of the Botanic Gardens of Adelaide.

Foundation for Older Australians

The ACH Group Foundation for Older Australians supports opportunities that enable and inspire older people to discover new interests and continue lifelong pursuits.

Our focus on healthy ageing, independence and well-being provides opportunities for people in our community to live a good life.

Our Projects

This year the focus has seen a consolidation and expansion of significant programs. Eight projects were supported including:

- The expansion of the Sing for Joy choirs enabling singing and choir performance for participants in all four regions of Adelaide.
- The expansion of the popular Yards and Gardens program providing new opportunities and connections between students learning valuable skill development and practical support for older people who need it to maintain their independent outdoor living spaces.
- Artistic programs including exhibitions of creative expression in all regions of Adelaide as part of the SALA Festival.
- Building and sailing model boats at Goolwa.
- Strategic development of a 'Wellness Centre' to be located in the northern region providing communities with a range of activities and services focussed on a more holistic approach to a good life.
- Research and development of a greater understanding of the future needs of people in their 70s, 80s and 90s.

Respite

The Foundation for Older Australians has established an emergency respite service for older people through a major donation.

The Foundation Room offers immediate emergency/planned respite and restorative and rehabilitative care to people without an ACAT assessment being required.

Your Support

The Foundation has received \$117,000 in donations in the 2012/13 year and we acknowledge these generous donors and supporters.

In 2013 the Foundation for Older Australians reviewed the Kate Rhodes Memorial Scholarship and it will be offered again in 2014. The program continues to attract a broad range of applicants whose innovative ideas will be beneficial for veterans of war and their widows.

The Foundation will continue its focus on building strong relationships with our communities to develop innovative opportunities that encourage older people to live a good life.

Our Committee

The following Foundation for Older Australians committee members have made valuable contributions to our achievements:

- Marjorie Schulze OAM (Chair)
- Richard Viner Smith
- Graeme Percival
- Mary Patetsos
- Julie Mitchell
- Malcolm Montgomery
- Mike Rungie

ACH Group Foundation for Older Australians is a deductible gift recipient under Australia's Income Tax Legislation.

For more information on how to donate to ACH Group Foundation for Older Australians, contact Jeff Fiebig on (08) 8159 3600 or email JFiebig@ach.org.au

**“Having worked all my life,
I’ve always been on the go
and I’m aware that I need to
keep doing that as I get older.
Next I’d like to be involved in
some volunteer work—I love
being around children so that
may be something to explore.
It’s important to feel useful.”**

Being involved in mosaic work at Swan Cottage continues somewhat of a theme in Bonnie Coles’ life, with the now-retired nurse turning things that appear broken into works of art.

Bonnie was a participant in the SALA Festival mosaic artwork, funded by ACH Group Foundation for Older Australians.

Since retiring from nursing in her late sixties, Bonnie has been constantly on the lookout for things to keep her active. Attending Swan Cottage each week has offered her the opportunity to re-acquaint herself with art and craft. She also loves reading with other guests, pottering around in the garden and being in the kitchen.



ViTA — Our Flagship Project



A New Concept in Rehabilitation

We have started the construction of ViTA—a purpose built centre that brings together health, aged care, research and education in one location. The \$50 million Centre will be completed in June 2014 and will provide services that help to rehabilitate people so they can resume their role in their community following serious injury or illness.

A Progressive Partnership

Vita signals a new direction in aged care and is a partnership between ACH Group, SA Health and Flinders University. This unique service will offer 120 new places for restorative care — 40 places will be owned and funded by SA Health and managed by ACH Group to allow people to be discharged earlier from hospital and move back to their homes or residential service; 60 aged care places funded by the Australian Government through the Department of Health and Ageing; and 20 subacute rehabilitation places operated by SA Health.



Challenging Stereotypes

ViTA will be a centre of excellence, constantly pushing for new solutions and forever challenging assumptions about the possibilities for life as we age. 500 students each year will be part of forging new models of service through a unique Interprofessional Learning approach designed specifically for ViTA.

Leadership

ACH GROUP LEADERSHIP TEAM



- Standing (L-R):**

Michael Lennon
General Manager,
Property & Housing Services

Jane Mussared
General Manager,
Innovation & Development

Mike Rungie
CEO

Anne-Marie Gillard
General Manager,
Health & Community Services

Michael Elias
General Manager,
Corporate Services

- Seated (L-R):**

Jeff Fiebig
Program Development

Trudy Sutton
General Manager,
Residential Services

Locations

| Location | Suburb | State | No. of Units |
|----------------------------|--------------------|-------|--------------|
| Housing | | | |
| Angove Park Drive | Tea Tree Gully | SA | 10 |
| Bedford Heights Estate | Box Hill | VIC | 147 |
| Breamore Street | Elizabeth North | SA | 7 |
| Bridge Street | Salisbury | SA | 9 |
| Brighton Parade | Blackwood | SA | 11 |
| Broad Street | Marden | SA | 9 |
| Cator Street | Glenside | SA | 2 |
| Cornish Street | Stepney | SA | 6 |
| East Terrace | Kensington Gardens | SA | 3 |
| Elkanah Retirement Village | Morphett Vale | SA | 110 |
| Elliott Court | Campbelltown | SA | 12 |
| First Avenue | Joslin | SA | 6 |
| Fred McCallum Court | Glynde | SA | 13 |
| Fullarton Road | Rose Park | SA | 6 |
| Fuller Street | Walkerville | SA | 1 |
| Genders Court | Campbelltown | SA | 13 |
| Hamlyn Court | Walkerville | SA | 7 |
| Hampden Street | Firle | SA | 9 |
| Hewitt Avenue (2/2A) | Rose Park | SA | 10 |
| Hewitt Avenue (35) | Rose Park | SA | 12 |
| High Street | Willunga | SA | 3 |
| Hub Drive | Aberfoyle Park | SA | 3 |
| Ian Wilson Court | Walkerville | SA | 18 |
| James Evans Court | Magill | SA | 30 |
| Kapara Mews | Glenelg South | SA | 12 |
| Knighton Road | Elizabeth North | SA | 11 |
| Loveday Street | Goolwa | SA | 4 |
| Mackie Court | Lower Mitcham | SA | 17 |
| Main Road | Blackwood | SA | 9 |
| Manson Court | Rostrevor | SA | 12 |
| McKay Avenue | Christie Downs | SA | 5 |
| Menzies Marden | Marden | SA | 15 |
| Millikan Grove | Marden | SA | 21 |
| Moir Court | Magill | SA | 8 |
| Payneham Cottages | Payneham | SA | 10 |

Locations (cont.)

| Location | Suburb | State | No. of Units |
|--|----------------|-------|--------------|
| Penzance Street | Glenelg South | SA | 3 |
| Perry Park | Port Noarlunga | SA | 51 |
| Pickering Court | Felixstow | SA | 15 |
| Princes Road | Kingswood | SA | 8 |
| Pullin Court | Rostrevor | SA | 4 |
| Riverview Drive | Port Noarlunga | SA | 7 |
| Sir Keith Wilson Court | Magill | SA | 24 |
| St Georges Court | Magill | SA | 45 |
| St Thomas Community Retirement Village | Forest Hill | VIC | 50 |
| Strathmore Terrace | Brighton | SA | 3 |
| Sturdee Street | Linden Park | SA | 5 |
| Sydney Street | Glenunga | SA | 6 |
| Taeuber Court | Wynn Vale | SA | 16 |
| Third Street | Magill | SA | 6 |
| Waite Street | Blackwood | SA | 4 |
| Yankalilla Mews | Yankalilla | SA | 4 |

Residential Services

| | | | |
|-------------------|----------------|----|-----|
| Colton Court | McLaren Vale | SA | 39 |
| Kapara | Glenelg | SA | 137 |
| Highercombe | Hope Valley | SA | 120 |
| Milpara | Rostrevor | SA | 92 |
| Yankalilla Centre | Yankalilla | SA | 64 |
| West Park | Goolwa | SA | 60 |
| Perry Park | Port Noarlunga | SA | 115 |
| ViTA | Daw Park | SA | 60 |

Community & Health Services

| | | |
|--|--------------------|-----|
| Health and Community North | Salisbury Plain | SA |
| Health and Community South | Christie Downs | SA |
| Health and Community East | Newton and Marden | SA |
| Health and Community West | Glenelg and Findon | SA |
| Health and Community Murray Mallee | Murray Bridge | SA |
| Fleurieu Community Services | Yankalilla | SA |
| Health and Community Services Victoria | Box Hill | VIC |
| Savas Cottage | Rostrevor | SA |
| Swan Cottage | Pennington | SA |

South Australia

- Community Offices/Centres
- Housing Locations
- Residential Services Locations
- Transition Care Services
- ViTA



ACH Group

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Housing

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Residential Services

(08) 8159 3530

Health Services

1300 30 08 11

Veterans' Home Care

1300 55 04 50

Community Services South Australia

1300 22 44 77

Community Services Victoria

(03) 9890 0121