

Price List

HOME CARE PACKAGE & CUSTOMER FUNDED

Effective 1 July 2023



Note for Home Care Package Customers

Customers assigned a Home Care Package utilise the funds of their package to fund their chosen services. If a customer exhausts their Home Care Package budget, they are required to privately fund the additional services as needed.

HELP AT HOME SERVICES

Help at Home Services are only able to be privately funded if a customer is assigned a Home Care Package, but has exhausted their budget and requires additional services.

Personal Support

Services include:

- Personal grooming
- Assistance with showering and dressing/undressing
- Personal alarm monitoring
- Assistance with shopping
- Medication administration and prompting*
- Continence care*
- Assistance with meal preparation
- Home cooked meals
- Support and transport to attend medical, social and other appointments

Support worker	Mon-Fri 6am - 8pm	Sat	Sun	Public holiday	After hours (weekdays)
Hourly rate	\$76.00	\$95.80	\$114.00	\$134.50	\$85.10
45 min rate	\$72.20	\$91.00	\$108.30	\$127.80	\$80.80
30 min rate	\$68.40	\$86.20	\$102.60	\$121.10	\$76.60

A transport fee of \$1.00 per km will be charged for mileage conducted during visit.

* ACH Group Registered Nurse assessment required for initial and ongoing services.

Cleaning

Services include:

- Bed and linen changing
- Laundry and ironing assistance
- Light dusting
- Cupboard, pantry and fridge cleaning
- Light vacuuming, sweeping and mopping of floor around furniture
- Wiping of surfaces
- Spring cleaning*
- Oven, window and carpet cleaning*

	Mon-Fri 9am - 5pm	Sat	Sun	Public holiday	After hours (weekdays)
Hourly rate	\$72.00	\$90.70	\$108.00	\$127.40	\$80.60
45 min rate	\$68.40	\$86.20	\$102.60	\$121.00	\$76.60
30 min rate	\$64.80	\$81.60	\$97.20	\$114.70	\$72.50

Utilises customer's own cleaning equipment and products.

*Price on application

Home & Garden Maintenance

Services include:

- Lawn mowing
- Weeding
- Pruning
- Minor home maintenance*
- Gutter cleaning*
- Planting
- Garden maintenance, sweeping and cobweb removal

	Mon – Fri 8am – 5pm
Hourly rate	\$74.00

Not available on weekends, public holidays or after hours. Garden waste costs (in excess of your green bin) may apply.* Price on application

HEALTH & WELLBEING

Allied Health Services

	In-clinic		In-home	
Per visit	Initial Consultation	Subsequent	Initial Consultation	Subsequent
Physiotherapy	\$110.00	\$70.00	\$280.00	From \$130.00
Exercise Physiology				
Dietetics				
Occupational Therapy	\$110.00	\$70.00	From \$400.00	From \$150.00
Podiatry	\$110.00	Standard Consultation \$75.00 Extended Consultation \$110.00	-	-
Personal Training	-	\$50.00	-	\$80.00
Remedial Massage Therapy	\$95.00	\$65.00 for 30 min \$80.00 for 45 min \$95.00 for 60 min	\$135.00	\$135.00
Social Worker	-	-	\$166.00	\$88.00 for 30 min \$132.00 for 45 min \$44.00 for 15 min thereafter

Private health insurance rebates may apply.
Additional charges may apply to rural locations, documentation and follow up.

Exercise & Wellness Groups

	12 Sessions	6 Sessions	Per Session
Life Exercises	\$130.00	\$65.00	\$13.00
Wellness Groups	\$200.00	\$100.00	\$20.00
Wellness Groups: water-based	\$230.00	\$115.00	\$23.00

Bookings are essential. Each participant is required to undertake an assessment with an Exercise Physiologist or Physiotherapist prior to the commencement of a session, to determine suitability of the group and assist with the development of customer goals. In-clinic assessments are charged at \$110.00. For a complete list of Exercise and Wellness Groups, please visit achgroup.org.au/health-and-wellbeing

Nursing Services

Services include:

- Wound care
- Medication management
- Continence management
- Catheter care
- Pain assessment and management
- Blood pressure monitoring
- Stoma care
- General health assessment and reviews
- Chronic condition management

Hourly rate	Mon-Fri 8am – 6pm
Nursing Services	\$116.00 for 30 min \$145.00 for 60 min
Professional Nursing Phone Advice	\$22.00 per 10 min
Diabetes Education Consultancy	\$170.00
Dementia Advisory	\$170.00

Additional charges for after hours visits. Does not include continence care related products.

HELP FOR CARERS / RESPITE

In Home Respite	Mon-Fri 6am - 8pm	Sat	Sun	Public holiday	After hours (weekdays)
Hourly rate	\$76.00	\$95.80	\$114.00	\$134.50	\$85.10
45 min rate	\$72.20	\$91.00	\$108.30	\$127.80	\$80.80
30 min rate	\$68.40	\$86.20	\$102.60	\$121.10	\$76.60

McLaren Vale Respite

Price on application

For a full list of Carer Getaways and out of home social experiences and pricing, please visit achgroup.org.au/discover-and-explore

SOCIAL SUPPORT & EXPERIENCES

Group Social Experiences

Experiences include:

- Sing for Joy Choirs
- Art in Focus Classes
- Friday Nights Dinners
- Explore SA Day Tours and Getaways
- Concert Series
- Long Lunches
- Showtime Movies
- And many more!

For a full list of the current social experiences available (with applicable pricing), please visit achgroup.org.au/discover-and-explore or ask for a copy of our Discover & Explore guide.

1:1 Social Support

- Social support in your home
- Social support in the community
- 1:1 social experiences of your choice
- Social support to attend an ACH Group group social experience

1:1 Social Support	Mon-Fri 6am - 8pm	Sat	Sun	Public holiday	After hours (weekdays)
Hourly rate	\$76.00	\$95.80	\$114.00	\$134.50	\$85.10
45 min rate	\$72.20	\$91.00	\$108.30	\$127.80	\$80.80
30 min rate	\$68.40	\$86.20	\$102.60	\$121.10	\$76.60

Cost of social experience is an additional charge.

PACKAGE FEES (Applicable to Home Care Package customers)

- Coordinated care and support
- Dedicated Care Manager as a point of contact
- Flexible and individually tailored services
- 24/7 phone assistance via Customer Service
- Nurse on call for peace of mind
- Risk identification and mitigation
- Care planning and reviews
- Annual holistic health assessment with Registered Nurse (Level 3 and 4)
- Fully trained and vetted staff
- Monthly statements
- Budget management
- Compliance with Aged Care Quality and Safety Standards

Per fortnight	Package Management	Care Management
Level 1	\$43.00	\$57.50
Level 2	\$79.00	\$100.00
Level 3	\$172.00	\$260.00
Level 4	\$258.00	\$400.00

Cancellation Policy

Personal Support, Cleaning, Home & Garden Maintenance, Nursing, In-home Respite, and 1:1 Social Support

- The notice period for customer cancellations is 48 hours.
- A cancellation fee at the full cost of the scheduled service will be billed if the service is cancelled with less than 48 hours' notice or the customer is not at home at the time scheduled.
- If a customer rejects the offer of a suitably compatible alternate worker and therefore cancels the service with less than 48 hours' notice, the full cost of the scheduled service will be billed.

Exercise & Wellness Groups

- The notice period for customer cancellations for exercise and wellness groups is 24 hours.
- A cancellation fee at the full cost of the class will be billed if the service is cancelled with less than 24 hours' notice.

Allied Health Services

- The notice period for customer cancellations for 1:1 services (clinic and in-home) is 48 hours.
- A cancellation fee at the full cost of the scheduled service will be billed if the service is cancelled with less than 48 hours' notice or the customer is not at home at the time scheduled.

Group Social Experiences

- The notice period for customer cancellations for group experiences remains unchanged at 24 hours.
- A cancellation fee at the full cost of the group experience will be billed if the service is cancelled with less than 24 hours' notice.

Getaways

- The notice period for customer cancellations for getaways is 4 weeks prior to departure.
- A cancellation fee of 50% of the cost of the getaway will be billed if the getaway is cancelled with less than 4 weeks' notice from departure. ACH Group recommend that customers organise travel insurance, as a way of cover for yourself, for unexpected events that could happen when travelling and cancellations.

This information is correct at time of printing and valid from 1 July 2023.
All prices are subject to change. ACH Group fees are reviewed regularly.

All prices exclude GST.

Aged Care & Housing Group Inc. ABN 99 437 071 895

ACH Group is a not-for-profit community organisation promoting opportunities and services to support good lives for older people since 1952.

Let's talk **1300 22 44 77** Visit achgroup.org.au

