

ACH  
GROUP

Good Lives for  
Older People

# Healthia

Residential  
Aged Care







## A new age of aged care

Introducing ACH Group's first purpose-built small household residential care home. Healthia is residential care with a difference.

In a small-scale home, residents have independence and choice, allowing them to enjoy the things they love in a supported environment.

### The small household difference

- The small household design enhances the ability to provide person-directed care and living for residents, where they determine their daily routine, supported by 24/7 care from qualified staff
- Promotes relationships, independence and choice for residents
- Healthia offers a village like setting with eight purpose-built, single-story houses, each home to 12 residents.



## Living at Healthia

### Health & Wellbeing

- Our onsite health team comprises a physiotherapist, occupational therapist and other allied health associates who support residents to be active and healthy by developing personalised plans and goals with and for each resident
- Welcoming partnership with family and friends
- Social experiences to promote purpose in every day, meet new people, learn new skills or revitalise past ones
- Social experiences range from participating in the Sing for Joy choir, art classes with a professional art teacher to being in the audience of a visiting performing artist and much more.

### Home

- Private bedrooms with ensuite that lead to landscaped gardens shared by the household
- Inviting lounge and sitting rooms to enjoy with other residents, family and friends
- Communal dining in a family-like setting to promote connection among residents.

### Community Features

- Secure gardens with seating areas
- Fitness studio and private treatment room
- Activity hall
- Cafe
- Hair salon.

### Care

- Person-directed care and living
- Unique care plans outlining resident care needs and choices
- 24/7 care by qualified staff
- Consistent staff working within households to promote relationships and enhanced understanding of each resident's needs
- Permanent and respite offerings
- Support for dementia care.

---

**At the heart of each home is a light-filled open-plan kitchen, dining and living space; it's a welcoming area for residents to relax and spend time with family and friends.**

---

### Location

Located in the northern suburbs of Adelaide, across from Lyell McEwin Hospital, Healthia is just a short drive to local shops and open green spaces. The home is easily accessible from the city of Adelaide via the Northern Expressway and northern and northeastern suburbs of Adelaide.

---

Healthia is more  
than just care; it's a  
community and a new  
age of aged care.

---

### Opening August 2023

For more information about Healthia, contact the  
Residential Welcome Team at ACH Group on  
**(08) 8159 3530** or email **[residentialplacements@ach.org.au](mailto:residentialplacements@ach.org.au)**

To learn about employment opportunities at Healthia, visit  
**[ach.org.au/work-with-us/current-opportunities/healthia](https://ach.org.au/work-with-us/current-opportunities/healthia)**

**Healthia 26 Mark Road Elizabeth South**

ACH Group is a not-for-profit community organisation promoting  
opportunities and services to support good lives for older people since 1952.

Let's talk **1300 22 44 77** Visit **[achgroup.org.au](https://achgroup.org.au)**

