## EAS

SOPHIE ELSWORTH

only no-contract deals with a minimum of 10GB of data and unlimited calls start at around \$20 per month. But for those still in a contract it's often best to see out the fixed term before switching to avoid hefty break costs.

Telco comparison websites WhistleOut's spokesman Kenny McGilvary says don't cancel your existing mobile service as the new provider will switch for you.

"Once you've identified the plan you want then order a new SIM card online, over the phone or in store," he says. "During the sign up process you'll be asked whether you want to nort or iting to save serious car ract, making it o hunt around. e number ners to ren't ash can

**WANTING TO DOWNSIZE DO** 

IT'S VITAL

THAT RETIREES

THEIR SUMS AND EXPLORE

ALL THE OPTIONS

says switching is seamless.
"Your current SIM card will keep working right up until the time number transfer takes place so the only downtime is the time it takes to swap your SIM card," he says.
Australian Communications Consumer Action Network spokeswoman Melyssa Troy says when looking for a new deal make sure you understand the inclusions in the new offer. whether you want to port or transfer your existing number to the new account."

Mr McGilvary says all you need to do is provide your existing phone number and provider to your new telco. Once you receive your new SIM card you'll need to activate it yourself. This takes a few hours. Moose Mobile's CEO Dean Lwin



an option. The \$3 billion mortgages and similar products are

STOM SALL

tounlock

home

equuey

ANTHONY KEANE BNISDOH

seniors to borrow against their home equity, and the loan gets repaid when the home is reverse mortgage sector allows

Traditional downsizing — sell the family home and move into

Home reversion scheme estate product where ret future percentage of house and received.

an option right now for those older Australians Il of adult

ownsizing might not be

eventually sold.
The Federal
Government has a
form of reverse
mortgage through
its Pension Loan
Scheme, which fortnightly income by borrowing by borrowing against their home

\*Pension loan
scheme – the
government's form
of reverse mortgage
that increases pension
income but does not allow lump
sum withdrawals.

4.5 per cent.
Newer home equity
release schemes are
appearing, and Budreika
says retirees should "do your
homework and get good

interest rate of

He says some people who take the traditional downsizing route don't factor in costs such as stamp duty, real estate agent fees

and restyling expenses.
"The average person who lives in the suburbs and downsizes may be disappointed to find out after paying all the costs they have not much left over."

Retirement villages and units work for many people, with costs ranging from \$75,000 to well above

in any way. Source: DomaCom

\$500,000 depending on size and location, and usually involve residents purchasing a lifetime lease with a refund payable at the end.

For Leith Bell and wife Barbara, pictured, downsizing earlier this year from their large suburban block to an ACH retirement unit was a lifestyle decision rather than

a financial necessity.

"Making money out of it wasn't the main aim," says Bell, 75.

"It was the size of the property – we have got a much smaller property now, which is good, and we are putting our own footprint on it," he says.

"If we were getting younger we wouldn't have moved, but unfortunately we're not."

DomaCom CEO
Arthur Naoumidis says
some seniors can use
equity release products for
a downsizing test-drive.
"Instead of taking the
leap and selling their home
they can do an equity
release, use the money to
fund entry to a retirement
village, rent out their home
keep the rent to fund the
village costs and if they
decide to, they can move
back into their home when
their tenants' lease expires,"

he says.

Naoumidis says it is essential to get advice, and regulators require this, and understand tax, Centrelink and family issues.

ting 5 Sing e-income household

## FINANCE

ANTHONY KEANE

spike in single-income
households looms as COVID19 ravages jobs and families.
Single incomes also stem from
breakups and new babies, and
financial adviser and author Helen
Baker, inset, says cutbacks will be

necessary.
"If you have a household budget, revisit it and adapt it to your changed circumstances," she says. "If you

haven't got one, now is time to start."

Baker says single-income parents should learn to say no to children who are accustomed to a previous standard of living, and should review all bills. "Shopping around can deliver substantial savings on things like insurance, mortgage rates, phone and energy bills," she says.

"You may not even need to switch—simply ask your current provider for a better rate in line with what competitors offer."

Don't try to go it alone, Baker says.

"Reach out to family and friends for emotional support. Seek financial support too, from licenced accountants and advisers rather than well-meaning friends."

Sort My Money founder David Rankin, right, says COVID-19 is delivering a double-whammy on jobs and families.

"One of the main causes of relationship breakups is financial stress," he says.

His top tip for living on a

single income is to make diary notes of regular expenses to avoid getting caught off-guard.

"Diarise electricity bills, gas, mobile phone, internet, council rates, car registration and birthdays – even if it's just \$20 for a nephew," Rankin says.

Building an emergency fund to cover unexpected expenses is impossible for many single-income families, so Rankin suggests having a credit card with a \$1000 limit if you won't be tempted to load it up.

"If you can trust yourself, a credit card with a \$1000 limit just gives you peace of mind," he says.

## Get in touch

Editor: Louise Roberts. For story ideas & sales enquiries contact louise.roberts@news.com.au
Deputy editor & entertainment editor: James Wigney. Contact james.wigney@news.com.au