

Media Release

IMMEDIATE RELEASE
October 2019



Skills blossom in arts residency

Emerging South Australian artist Olympia Antoniadis is sharing her skills with residents of ACH Group residential care home Kapara at Glenelg last month.

The 24-year-old, who studied Fine Arts at the Victorian College of Arts in Melbourne, is enjoying her first residency in an aged care setting and says she is finding the experience a rewarding one.

Each fortnight she brings in botanical sketches and invites residents to illustrate them using watercolour paints.

"I love coming here – I can see people getting better and better, and see the confidence growing," she says. "It's been a wonderful experience for me."

Olympia says her Kapara visits are also helping her cope with the grief of loss after her sister passed away last year.

Her upcoming exhibition 'Solace', which opens on 17 October at Hill Smith Gallery, features flowers she received as sympathy gifts preserved in her late sister's sewing studio.

Kapara resident Joyce Draper, who grew up in Broken Hill, says she has enjoyed her time with Olympia. "I enjoy painting. It gives you a feeling of peace and contentment from accomplishing something."

Olympia was named runner-up in the Belle Magazine Art Start Competition for emerging artists earlier this year.

Olympia Antoniadis, Solace, Thursday 17 October to Saturday 2 November, Hill Smith Gallery.

Caption: Artist Olympia Antoniadis is sharing her skills with residents of ACH Group's Kapara residential care home as an artist in residence this month.

End Media Release

About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952. As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities. Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

For further information or comment, please contact Anna Randell on (08) 8159 3482, 0400 580 924 or ARandell@ach.org.au.