

Media Release

IMMEDIATE RELEASE
September 2017



Busting ageing stereotypes, one song at a time

ACH Group's Sing for Joy choir is teaming up with Ridgehaven and Wynn Vale Primary School choirs to bust the stereotypes associated with ageing, one song at a time.

The two northern primary schools have been in rehearsals with the Sing for Joy's Wynn Vale and Payneham choirs ahead of 'We Sing,' an intergenerational concert to be held in October.

Songs on the set list include Ruby Hunter's 'Welcome to All People', 'Fix You' by Coldplay, 'Why We Sing' (Greg Gilpin) and the traditional 'Irish Blessing'.

The concert is supported by the ACH Group Foundation for Older Australians, Bodysong, and a \$1000 grant from the City of Tea Tree Gully.

Council Community Engagement Officer Donna Mijatovic says the Council was keen to support the project which would support connections between the generations.

"This concert will bring many wellbeing benefits to all involved, including the broader community who will have an opportunity to attend and enjoy the event."

Choir member and organiser Bea Plush says the concert, in its third year, offers many rewards for both the students and choir members.

"The kids really love it and that's always a plus, to see them enjoying it so much," she says. "There's a stigma attached to old age, and young people from public schools and from the northern suburbs are much maligned, too. But this is a good news story. "You can see it on the faces of the choir, and the kids – they just light up with happiness."

PLEASE NOTE: Rehearsals will be held at Wynn Vale Primary School on Tuesday 26 September and Tuesday 17 October, from 9.30am to 11am.

WHAT: Why We Sing intergenerational concert

WHO: Sing for Joy Choir, Ridgehaven and Wynn Vale primary school choirs

WHEN: Sunday 22 October, 2pm to 3pm

WHERE: Golden Grove Recreation Centre, The Golden Way, Golden Grove

COST: \$6/ ticket

BOOKINGS: www.why-we-sing.eventbrite.com.au

Find out more: Phone ACH Group on 1300 224 477 or visit <http://www.ach.org.au>

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About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952. As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities.

Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

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