

Media Release

IMMEDIATE RELEASE
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New social group hits the (op) shops

A group of keen shoppers snapped up a few bargains and shared a laugh or two during a tour of Adelaide's western suburbs op shops last week.

Organised as part of ACH Group's Social Links program, the 'Urban Upcyclers' group started the day with a coffee at Liquid Espresso on Grange Road, before heading to Vinnies, Red Cross Super Store and the Salvos at Kidman Park. After lunch at The Watermark, Glenelg, the group headed to the Savers Superstore at Kilburn.

"It's been a great day," said Rhonda Abraham, who enjoyed her first op shopping trip with a social group. "It's something I don't normally do but it's been fun – and I found a brand new designer bag for under \$20."

Lynette Howard has enjoyed several shopping trips with the Wynn Vale Social Links group. "I like to look for jigsaw puzzles, books and interesting jewellery," she said. "It's always great fun. You never know what you're going to find; there's always something different."

Lesley Barber enjoys spending time with friends and looks for clothes for her granddaughter and material or offcuts for quilting. "I love it – you don't need to spend a lot of money to shop."

ACH Group Community East Assistant Coordinator Tash Burczyk said it was the fourth op shop tour following successful tours of the South, North and East.

"People love it," she said. "We have a lot of laughs. There's always something to talk about; things you remember and when you find a bargain it's a good feeling."

Would you like to join an Urban Upcycling Tour? Visit www.ach.org.au/discover-and-explore/social-activities/ or phone 1300 22 44 77 to find a group near you today.

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About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952. As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities. Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

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