

Media Release

IMMEDIATE RELEASE
March 2017



Migrants called on to tell their story

Migrant stories will be shared as part of this year's Good Lives on Film project, an initiative of ACH Group membership network [The Exchange](#).

In its third year, the program invites amateur filmmakers aged in their 60s, 70s and beyond to write, edit, film and produce a film to be premiered at the [Mercury Cinema](#) in Adelaide. The films were first produced to form part of a resource kit for [The Exchange](#), to support older people and their peers to live good lives. Seven film-makers were part Series 1 in 2015, producing stories on volunteering, bouncing back after injury, the joy of singing and the importance of a hobby.

Last year 10 filmmakers signed on for Series 2, covering stories of grief and loss, learning to dance and learning to play an instrument at a later age, making a new life in a new country, and what makes a good life in retirement.

ACH Group Co-Design Manager Fiona Telford-Sharp says this year the project will focus on migrant stories.

"We would like to hear from anyone who came to Australia either as a child or later in life, who is willing to share their story," she says. "This is an opportunity to connect with others, learn a new skill and create something you may have never thought possible."

During the six-week course, filmmakers do everything from interviewing and camera work to sound and lighting.

Filmmaker Sofie Gregory shared the story of her adoption, 'Crafting Connection', as part of Series 2. "It was a well-designed course, set at a pace we could all work to," she says. "It was a really supportive group and we all helped each other."

The closing date for entries has been extended to 29 March. The course is set to begin on Monday 3 April.

Caption: Musician Akhter Rahman produced the film 'Something to Sing About' in 2015.

End Media Release

About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952.

As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities.

Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

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