

PORT NOARLUNGA

Riverview Respite at Perry Park



Support for people
in their caring role



Caring for someone is a big responsibility. To ensure you can continue in your caring role, you might benefit from taking some time to focus on your own health and wellbeing.

At ACH Group, we offer a wide range of respite options tailored to meet the needs of both you as the carer and the person you are caring for.

Take a day to catch up with friends or attend appointments, or take a longer break knowing that your loved one is in safe hands.

Riverview Respite at Perry Park is a flexible day respite service for carers within the southern Adelaide metropolitan area.

Offering support to people with high care and complex needs, carers can be confident that Riverview Respite guests are participating in activities that are fun, interesting and meaningful.

This program has the advantage of being situated within the grounds of Perry Park Residential Facility, which enables access to clinical and allied health services if required.

Riverview Respite guests will:

- Meet others in an environment that is secure, friendly and supportive of individual needs
- Participate in a range of activities in the wider community with support
- Have the opportunity to learn new skills and be involved in new and varied experiences

Riverview Respite offers:

- Flexible operating hours, five days a week
- Nutritious meals
- Opportunities to socialise with residents at Perry Park
- Transport if required
- Overnight respite

How much does it cost?

Customer contribution towards the cost is fair and affordable. It can also be negotiable on a needs basis. Inability to pay will not lead to refusal of service.

Perry Park is located at 26 River Road, Port Noarlunga. Transport is available on request (eligibility criteria applies). For further information please call **1300 224 477** or visit our website **www.ach.org.au/good-help/help-for-carers**



Supported by the Australian Government Department of Health.
Visit the Department of Health website www.health.gov.au for more information.

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