

# Media Release

**IMMEDIATE RELEASE**

**January 2016**



## South Korea to tap into South Australia's aged care expertise

A group of aged care students from South Korea are set to spend the morning at Kapara residential living home, Glenelg South, next week.

The group of 13 nursing students and five faculty members from Chungbuk National University will be in Adelaide from 26 to 28 January as part of a study exchange.

Organiser Agnes Shin says students are keen to see how an advanced aged care system works in Australia.

She says aged care is a growing industry in South Korea which has a rapidly ageing population due to a low birthrate, compounded by an inadequate welfare system.

"South Korea is experiencing rapid economic development but is relatively left behind in terms of social welfare," she says. "Surprisingly, more than 50 per cent of our older generation (over 45 years old) cannot access social welfare care."

"Like a blind spot in the mirror, this generation has to support itself when they reach the age of 60 and over.

"It is easy to find many elderly people who are gathering used paper and empty boxes on the street to make money in South Korea."

Ms Shin, who lived in Adelaide for seven years until 2014 as a visiting scholar at Flinders University, says she chose to visit ACH Group's Kapara facility because of its high standards of care.

"I have found that Kapara has a good reputation, especially among my elderly friends, who say that it is one of the best residential care centres."

At Kapara, the students will investigate social programs, sports activities and medical care available to residents.

"We would like to learn what kind of programs you are running for the elderly including sports activities and medical care," she says. "These students will be the nurses and carers for aged citizens in the future."

The group will be at Kapara on the afternoon of Wednesday 27 January.

Ms Shin lived in Adelaide for seven years as a visiting scholar at Flinders University from 2007 to 2014.

She lived at Brighton and sent her son to Sacred Heart Senior College and says she still has many friends in the area.

The group will spend two days in Adelaide and will visit ICHM, Le Cordon Bleu, a surf lifesaving club, the Barossa Valley and Cleland Wildlife Park.

\*End Media Release\*

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## **About ACH Group**

At ACH Group we believe growing older is akin to turning a new page and with it comes a sense of great anticipation and optimism.

Our focus on innovation and services that respond to changing needs reflects our desire to shift the way the community thinks about older people.

ACH Group's 1700 specialist staff and hundreds of volunteers share our belief that older people should be valued and respected, connected to their communities and in control of their lives. This mindset drives our every action to empower older people, to support them to lead a good life and continue to make a contribution to family, community and society.

**For further information or comment or to arrange a photo, please contact Anna Randell on (08) 8159 3632 or [ARandell@ach.org.au](mailto:ARandell@ach.org.au)**