

# Media Release

**IMMEDIATE RELEASE**  
**June 2016**



## Paper Hearts Project takes shape

A giant installation made from origami paper hearts will be the centrepiece of ACH Group's involvement in the South Australian Living Artists (SALA) Festival 2016.

The Paper Hearts Project will culminate in an exhibition at the Space Between, the former Malcolm Reid Building, off Rundle Street.

ACH Group's community – including residents, community-based art groups, staff and volunteers – are working together to make hearts using coloured origami paper.

The community arts project supports ACH Group's SALA theme, which is 'LOVE: give, share, celebrate'.

ACH Group has been involved in the visual arts festival since its first single-venue exhibition in 2010 and has grown to a record seven exhibition venues this year.

ACH Group's Lenore de la Perrelle says visual art provides an avenue for expression that has many positive flow-on effects.

"When people paint or draw they are describing their emotions; expressing something that they can't find words for," she says. "Art gives people the opportunity to look back and think about things in a creative and deeply meaningful way."

She says SALA participation supports ACH Group's Healthy Ageing approach which makes it as easy as possible for people in our residential living homes to choose to be active, remain connected and engage in what they love to do.

It also supports the organisation's six elements that contribute to living a good life: being unique, belonging, contributing, engaging and being optimistic.

SALA runs from 1 to 31 August.

### ***ACH Group exhibition venues***

**The Space Between**, Level 1, 187 Rundle St, Adelaide

**Our Wellbeing Place**, 108 Swanport Road, Murray Bridge

**Milpara Residential**, 147 Saint Bernards Road, Rostrevor

**Home Grain Bakery**, 13 Old Coach Road, Aldinga

**Manoli's Mezes Mediterranean Cafe**, 32 Saltfleet Street, Port Noarlunga

**John McVeity Centre (YMCA)**, 12 Peachey Road, Smithfield Plains

**McLaren Vale Club**, 177 Main Road, McLaren Vale

Visit [www.ach.org.au/sala2016](http://www.ach.org.au/sala2016) for opening hours.

## About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952.

As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities.

Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

For further information or comment, please contact Anna Randell on (08) 8159 3632, 0417 856 361 or email [ARandell@ach.org.au](mailto:ARandell@ach.org.au).

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**Caption:** Sue Williams makes paper hearts with an ACH Group arts group at Our Wellbeing Place, Murray Bridge. Our Wellbeing Place will host one of seven exhibitions for ACH Group during August.

SALA Festival  
1-31 August 2016



**give  
share  
celebrate**