

# Media Release

**IMMEDIATE RELEASE**

**August 2016**



## Guitar Festival plays to a new audience

The Adelaide Guitar Festival will bring world-class music to two ACH Group residential living sites this week.

Festival Director and classical guitar virtuoso Slava Grigoryan will join Australian String Quartet cellist Sharon Draper and jazz duo Mike Bevan and Lauren Henderson to perform at ViTA Residential Care, Daw Park, on Friday.

Classical guitarist Alex Tsiboulski will perform alongside acoustic folk duo Dylan and Emma Woolcock at Perry Park Residential Living, Port Noarlunga, on Saturday.

The concerts are part of Resonance, a new initiative of the biennial festival that aims to bring outstanding music to people living in residential care.

“It is about recognising the inherent human need for music and inspired by the growing understanding of music’s role in health, wellbeing and recovery,” Mr Grigoryan says.

ACH Group’s Lenore De La Perelle says the concerts present a wonderful opportunity for the ACH Group community to experience world class music.

“We know that music delivers many benefits in terms of our overall health and wellbeing,” she says. “This initiative fits in well with our residential living ‘Healthy Ageing’ approach which aims to make it as easy as possible for people to remain connected and engage with what they love to do.”

**WHAT:** Resonance, part of the Adelaide Festival Centre’s Guitar Festival

**WHEN:** Friday 5 August, 2.45pm (ViTA), Saturday 6 August, 10am (Perry Park)

**WHERE:** ViTA Residential Care, 17 Rockville Ave, Daw Park; Perry Park Residential Services, 26 River Rd, Port Noarlunga

**FURTHER INFO:** [www.adelaideguitarfestival.com.au](http://www.adelaideguitarfestival.com.au)

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## About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952.

As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities.

Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.

**For further information or comment, please contact Anna Randell on (08) 8159 3632, 0417 856 361 or [ARandell@ach.org.au](mailto:ARandell@ach.org.au).**

