

Media Release

IMMEDIATE RELEASE
February 2016



ASO set to perform at Highercombe

Hope Valley will be filled with the sound of music this week when the Adelaide Symphony Orchestra (ASO) visits ACH Group's Highercombe residential living home.

Eight musicians from the ASO who play strings, brass and woodwind instruments will perform a variety of light works in the hour-long concert.

Led by ASO viola player Martin Butler, the group will perform a selection of works including *Gabriel's Oboe*, the main theme for the 1986 film *The Mission* by Ennio Morricone, together with Mozart's popular Horn Concerto No 4 and Piazzolla's *Maria*.

The concerts will also feature *Guest Soloist*, a fun, interactive piece that spotlights a volunteer from the audience playing a two-string violin. This original work requires no rehearsal ahead of time with the soloist who is cued in with taps on the shoulder.

ASO Community Engagement Officer Emily Gann says the concert will kick start a longer term partnership between the ASO and the community.

"ASO recognises the importance and value that education and involvement in music has on our communities, and for this reason, we are working on a strategic plan for how to best take a greater and more active role in community development," she says.

The visit is in line with ACH Group's Healthy Ageing approach, which aims to make it as easy as possible for residents to choose to be active, remain connected and engage in what they love to do every day.

Built in 2010, Highercombe is home to 120 residents and offers beautifully maintained gardens, barbecue areas, an arcade lifestyle hub and specialist dementia and memory support services.

DATE: 10.30am, Thursday 25 February 2016

WHERE: Highercombe Residential Care Facility, 5-11 Sirius Avenue, Hope Valley

FOR MORE INFORMATION AND A PHOTO OPPORTUNITY: Contact ACH Group Media & Digital Communications Officer Anna Randell, phone 8361 3462, mobile 0417 856 361, Arandell@achgroup.com.au

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About ACH Group

ACH Group is a not-for-profit aged care organisation that has been offering services to support good lives for older people in South Australia since 1952.

As well as accommodation options across Adelaide, the Fleurieu Peninsula and East Melbourne, the group offers a range of health, wellbeing, respite and support services, help at home and social activities.

Our 1700 specialist staff and hundreds of volunteers share the belief that older people should be valued and respected, connected to their communities and in control of their lives.